

LOW LEVEL LASER THERAPY  
HIERARCHY OF EXTERNAL EVIDENCE



**STRONG EVIDENCE  
FOR LOW LEVEL LASER THERAPY**

Musculoskeletal Pain  
Osteoarthritis  
Myofascial Trigger Points  
Tissue Repair  
Muscle Fatigue  
Oral Muscositis

**PRACTICAL BASED EVIDENCE  
FOR LOW LEVEL LASER THERAPY**

Alzheimer's Disease  
Post Traumatic Stress Disorder (PTSD)  
Bone Fracture Healing  
Essential Tremors  
Sinusitis  
Insomnia  
Depression  
Photchaemotherapy (Universal Rehab Protocol)

**MODERATE EVIDENCE  
FOR LOW LEVEL LASER THERAPY**

Lymphoedema  
Wound Healing  
Trigeminal Neuralgia  
Shingles  
Traumatic Brain Injury  
Aged Related Muscular Degeneration

**LABORATORY EVIDENCES (ANIMAL STUDIES)  
FOR LOW LEVEL LASER THERAPY**

Parkinson's Disease  
Multiple Sclerosis  
Spinal Cord Relief  
Stroke  
Glaucoma  
Sperm Motility  
Dystonia  
Hypothyroidism